

Part-Time Program Assistant

POSITION DESCRIPTION

Live Grit SOARS empowers youth to be a part of a team, build mental and physical strength, and achieve their full potential through the sport of triathlon (swimming, biking and running). A core value of our organization is equitable access, so programs are focused in the most under-resourced neighborhoods of Chicago. As a program assistant and coach, you will assist in the planning and implementation of training sessions with youth. We value enthusiasm for coaching youth over athletic performance or experience in triathlon. Therefore, an ideal candidate would have a passion for swimming, biking and/or running but does not necessarily need any formal coaching experience. If you have the passion, we will teach you the skills. Live Grit SOARS is a rapidly growing organization with the potential for other future coaching opportunities.

We are currently looking for a Program Assistant for the following programs:

- ✓ Altgeld Gardens – Learn to Swim Program – Tuesday afternoons
- ✓ Garfield Park – Learn to Swim Program – Saturday mornings

Responsibilities

- ✓ Assist in coaching training sessions across the three disciplines (swimming, biking and running)
- ✓ Assist in creating lesson plans for training sessions
- ✓ Organize and maintain equipment for training sessions
- ✓ Assist in data collection of athletes physical and mental growth throughout programs

Education and Experience

- ✓ High school diploma and one year working with youth
- ✓ Certification in CPR or willingness to become certified
- ✓ Demonstrated passion for and experience with swimming, biking and/or running

Additional Skills and Knowledge

- ✓ Strong communication skills with youth
- ✓ Ability to lead, teach, and coach youth
- ✓ Ability and willingness to travel throughout the Chicagoland area

Time Requirements:

- ✓ 8-10 hours per week
- ✓ Must be available Tuesdays (2pm-6pm) and Saturdays (9am-1pm)
- ✓ \$20 per hour